



Aspect's approach

Aspect's approach draws on 55 years of expertise in supporting Autistic people of all ages and their families. It outlines the key principles that guide how we provide best practice supports and services to Autistic participants, students, and their families or carers. We take the time to understand how each Autistic person experiences the world, using their strengths, interests, and aspirations to shape individualised supports. Our practices are underpinned by the latest evidence, informed by the individual and their support networks, and are continuously adapted to meet each person's unique needs.