Autism Spectrum Australia (Aspect) Recognition Awards 2022



a different brilliant Is our inspiration, focusing on the strengths & interests of people on the spectrum

Visual Story



The awards that some people will given on the night

Visual stories are used to prepare a person for, and increase the predictability of a new environment or situation.

This helps bring familiarity to a process and to reduce anxiety and stress.

Visual stories are written in an easy read format and uses pictures to provide greater accessibility for everyone.



The Aspect Recognition Awards are an event by Autism spectrum Australia

I have been invited to attend

The Antism Spectrum Australia (Aspect) Recognition Awards for 2022

- The Recognition awards are to say thankyou to some people who do extra work in the community
- I will know if I am getting an award before I go to the event
- It is ok if I am not getting an award
- The Recognition awards takes place on Thursday 7<sup>th</sup> April 2022
- The Recognition awards will be held at the Radisson Blu Hotel
- The Recognition awards start at 6:30pm. I should try arrive by 6:15pm so that I am not late

### What to wear to the Awards night





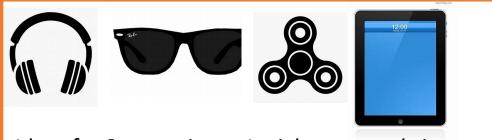
- I will wear clean, neat clothing that is comfortable
- I will need to wear shoes to the awards night
- I can bring a jacket if I would like to
- I will not wear things that are ripped, stained or have offensive language on them or I may not get into the Radisson Blu for the event

# Sensory tips for the Aspect Recognition Awards



Aspect have partnered with our Autistic identified consultants to create an Autism Friendly environment. Sometimes there are things in an environment that can not be easily changed.

I can bring things that will help me feel comfortable if I want to.



Ideas for Sensory items I might want to bring

### Some things I may find to be overwhelming could be:

- people talking before the awards start
- smells from food
- the reflections from lights on the tiled areas

### Some ideas of what I may find helpful could be:

- noise cancelling headphones or ear plugs
- something that smells nice (eg. essential oils on a napkin in my pocket)
- sunglasses

- I can bring my phone or ipad if I need.
- If I bring my device I must remember to keep it on silent or use headphones with the volume low when the awards begin.
- There is also a quiet room I can use if I need.

### Applause at The Aspect Recognition Awards



At the Awards night, when someone is given an award we will use the Auslan sign for "Applause" instead of clapping.

It is OK if I do not know how to sign "applause" Someone will show everyone how to sign "applause" at the beginning of the event.

Signing "applause" makes events more inclusive this helps everyone to feel welcome and also means the event isn't as loud.



Still image of people signing "applause"

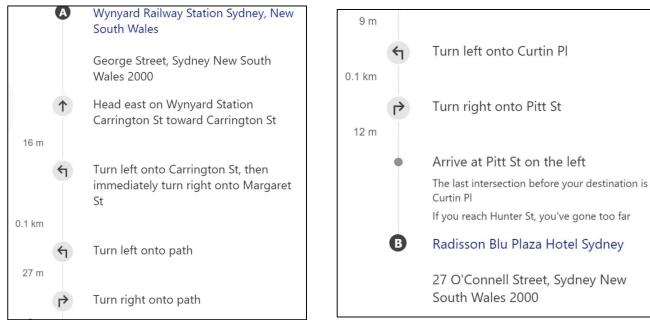
# -Getting to The Aspect Recognition Awards

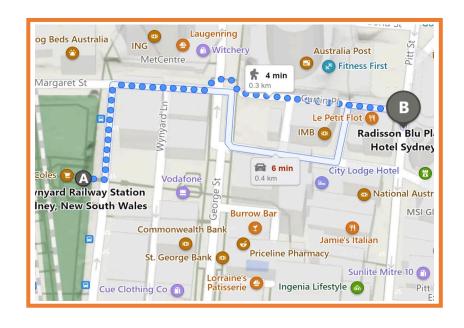
autism spectrum australia

I can travel to the awards night at the Radisson Blu by car or public transport.

If I travel by public transport:

- I will travel to Central Station. Then I will travel by train to Wynyard. I can take trains from T1, T3, and T8
- The hotel is just 300 meters from the exit at Wynyard station





Directions to travel from Wynyard station

Map from Wynyard to Radisson Blu

# - Getting to The Aspect Recognition Awards





If I go by car I should pre book parking in one of the Wilson parking stations nearby.

- I can do this online here Find a Park | Wilson Parking
- It will cost money to park at Wilson parking
- I should check what time the parking closes before I book to make sure it will be open when I leave
- I can find maps on the Wilson parking website to help me get to the Radisson Blu.

### The Radisson Blu hotel



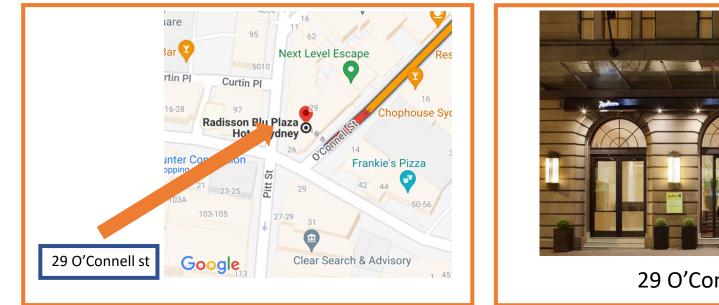




- I will enter the Radisson Blu Plaza Hotel using the 66 Pitt street entrance.
- Inside this entrance is where the Awards night is held
- This entrance has steps
- If I need an accessible entrance, I can use the front entry and elevator on O'Connell St if I need

### The Radisson Blu hotel - Accessible entry





- Provide the set of the s
- I can enter the Radisson Blu Plaza Hotel using the 29 O'Connell Street entry if I need
- This entry has a ramp
- There is an elevator approximately 20 meters straight ahead from the top of the ramp
- I can use the elevator to take me to the Aspect Recognition Awards room

### The Radisson Blu



#### If I enter using the Pitt street entry:

- I will go down the stairs on my right to tell the staff that I am here
- The stairs are light grey
- It may be difficult to see each step
- I should use the hand rail to be safe
- I can ask for help if I need

### If I enter using the Accessible O'Connell street entry

- A Radisson Blu staff member can assist me with the ramp
- At the top of the ramp I will go just past the hotel check in desk to the elevator
- The elevator will be on my right
- I will take the elevator one floor down to the event room level the event room is on my left
- I will exit the elevator and turn to my right
- From here I will see the Aspect Recognition Awards check in desk on my right
- I will talk to the Aspect staff at the check in desk to let them know I have arrived
- I can ask for help to find the lifts if I need



I should use the hand rails for safety



Exit Elevator to right To locate aspect event check in

### At The Radisson Blu

#### Once I am inside the Radisson Blu

- I will check-in with the Aspect staff at the event check-in desk
- They will confirm my name off the list
- I will get a badge with my name on it, to help other people remember my name.
- It's OK if I don't wear the badge
- The Aspect staff will give me a program

A program is a guide that tells me the structured plan for the evening.

#### Timing of the event

- Sometimes parts of the event might not happen at the exact time a program says.
- This is OK. The event will still finish on time or just after.
- It is ok to leave at any time that I need to
- I can also step out and return if I need



Check in desk



## What to do while I wait

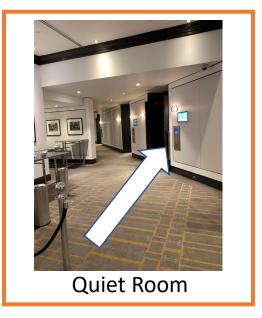




- I can talk to other people while I wait for the event to start if I want
- If I smoke or vape, I can do this outside
- I can use the Quiet Room if I need
- I can use the bathroom if I need
- I can have food and drink that is being served while I wait for the event to start if I want

### Quiet Room at the Aspect Recognition Awards







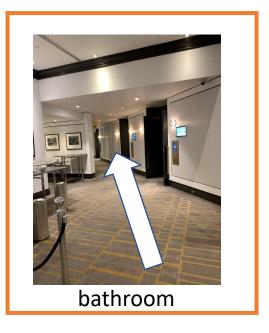


I can use my device camera to scan the QR code to watch the awards online

- There is a Quiet Room I can use if I need
- The Quiet Room is located directly across from the event room entry
- I can still stream the awards event on my device if I have one
- I must use headphones with my device at all times during the Awards event
- I must not touch the picture of the Opera House in the Quiet Room

### Toilets at the Aspect Recognition Awards







Doors to bathrooms

- The bathrooms are located at the end of the hall that is across from the event room doors
- I don't need to ask event staff if I can to go to the bathroom
- I will try not to make too much noise as I leave the event room to go to the bathroom
- The bathroom has reflective tiles I can use sunglasses if I need
- The hand dryers will be turned off. I can use paper towel instead
- I can still use headphones if I want to





### Before the awards start there will be drinks and canapes at 6:30pm



Internet Examples of canapes

#### **Canapes**

Theses are small snacks that are usually warm. They will be served on a tray by a waiter.

- I may have heard people call food "bite size" or "finger food" before
- These are all similar ways to describe a small snack party food
- Some people may consider these to be fancy foods
- I can ask the waiter what the food is
- I can decide if I want to try these or not
- If I try it and I don't like it, I don't have to finish it
- It is ok to say no if I do not want to eat them



#### <u>Drinks</u>

Choices will include soft drink, water and alcohol. Drinks will be served at the bar

- I don't have to pay for drinks
- I can <u>not</u> have alcohol if I am under 18 years old
- I should not drink alcohol if my doctor said that I am not allowed
- I can still have soft drink or water if I would like

# The Aspect Recognition Awards event room



A staff member will open the event room doors When it is time for the Aspect Recognition awards event to begin.

#### When the doors open it is time to enter

- I may have to wait
- I do not have to rush
- There are enough seats for everyone

#### Next

- I will find a seat at a table and sit down
- I might be asked to swap spaces with someone
- It is ok to say no
- I will still have a seat at another table if I say yes
- I will wait for the event to begin

#### <u>Then</u>

- I can talk to people while I wait for the event to start
- Its ok if I don't want to talk to people
- I will turn my device to silent if I have one
- If I am using my device I must have headphones connected to it and the volume low



Doors open to the event room

# At The Recognition Awards

I will be given a program when I arrive. The program will have information on what to expect on the night The information below is an outline of what will happen at the event, so that I feel prepared.

- I can print this page and bring it with me if I want to
- I can mark the boxes after each section as they happen so I know what will happen next
- If I am unsure what is happening next I can ask for help on the night
- Aspect staff will be there to help me on the night. They will be wearing an Aspect lanyard.

#### 🛛 <u>6:50pm</u>

The doors will be opened for everyone to enter the room for the event Once inside I will find a seat and wait for the event to begin

☐ <u>7:00pm</u> There will be some announcements Welcome to Country Inclusion Statement

□ <u>7:30pm</u> Some of the award winners will begin to be announced

□ <u>8:00pm – 8:15pm</u> Break □ <u>8:15pm-8:35pm</u> Quick announcement and Live music

□ <u>8:25-8:45pm</u> The remaining award winners announced

□ <u>8:45pm</u> Closing message from Aspect CEO

□ <u>8:55pm-9:15pm</u> Nominees and recipients photos

<u>9:15pm</u>
Event finished

I can ask for help from Aspect staff if I need





### At The end of the Aspect Recognition Awards

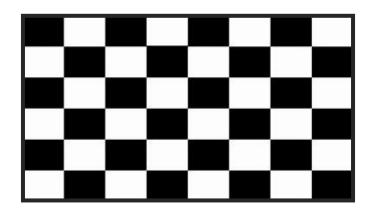


#### When the Aspect recognition awards are over

- I will need to leave by 9:15pm
- I can say goodbye before I leave
- I do not have to rush past others
- I may have to wait for other people to leave first before I can leave

- If I entered on Pitt street I will use the stairs to exit the event
- If I entered via the accessible entry on O'Connell street I will use the lifts to exit

I can ask Aspect staff, or Radisson Blu staff for help if I need.



### Thank you for coming to the Aspect Recognition Awards!



a different brilliant

is our inspiration, focusing on the strengths & interests of people on the spectrum

